

Padma Pura  
lun. 27 juin 18:54

Troma Nagmo Drupcho flyer.png

Dear Friends in the Dharma,

We hope that you are all happy and well and enjoying a nice summer! We are pleased to announce that registration is now open for the Tröma Nagmo Drupchö led by Lama Tenzin Samphel which is scheduled to take place at Karma Deleg Chö Phel Ling, Stoepawei 4, 9147 BG, Hantum, The Netherlands.

The Tröma Nagmo Drupchö will commence on Friday 16th September 2022 (participant arrival in the afternoon/evening) and will last until Tuesday 20th September 2022 (participant departure in the afternoon/evening). For more information about the retreat location generally, please visit <https://www.karmakagyuu.nl/home/> for further information. A detailed daily practice schedule and timing will be confirmed by Lama Tenzin closer to the event.

Lama Tenzin has confirmed that one is qualified to participate in this Tröma Nagmo Drupchö if one has received Tröma Nagmo empowerment (wang) or at least Buddhist vows. Lama Tenzin has also confirmed that the Tröma Nagmo Drupchö will be in the form of a closed retreat and so there will be no communication outside of the retreat, including no use of mobile phones or the Internet during that time.

In terms of practice implements, participants will need to bring their bell, Chöd damaru drum, and kangling. In terms of texts, participants will need to bring a copy of the Middle Length Tröma text, the Tröma Ngöndro text, and the Tröma Lujin text. If you have any questions about where to acquire these texts, please e-mail us.

There are a very small number of basic shared rooms and beds available for overnight accommodation at the retreat venue. However, there is space for camping and people can bring their own tents to sleep in. There is also parking space for those who might wish to bring a camper van. If you have any specific accommodation needs which you require, we recommend that you look into any AirB&B or other accommodation options available nearby or in the surrounding area.

Please note that all the food served at the Drupchö will be vegetarian unless any prior dietary requirements are indicated. If you have any food allergies or particular dietary requirements, please list them in the space provided on the registration form.

The costs of the Drupchö are as follows:

- For those booking a room/bed at the retreat venue, the cost will be €240.00 for the full Drupchö [this includes food (3 meals a day) and a basic dana offering to Lama].
- For those who wish to bring their own tent to camp at the venue, the cost will be €225.00 for the full Drupchö [again including food (3 meals a day) and a basic dana offering to Lama].
- For those who wish to participate in the retreat but stay in off-site accommodation or for those who will be commuting/travelling each day to the retreat, the cost will be €150.00 for the full Drupchö [excluding food but including a basic dana offering to Lama]. If you wish to have food included, please e-mail us.

Any additional dana offerings made to Lama Tenzin and/or to Karma Deleg Chö Phel Ling during or after the retreat are still very much appreciated.

Registration in advance is required to attend the Tröma Nagmo Drupchö. If you are qualified and wish to attend this retreat, please submit your registration via the registration form here:  
[https://docs.google.com/forms/d/e/1FAIpQLSdHlgBXAuHg-qsgARtuigXQF4wqkAQs8\\_kMdgGglZwlqxwi5w/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdHlgBXAuHg-qsgARtuigXQF4wqkAQs8_kMdgGglZwlqxwi5w/viewform?usp=sf_link)

Your reservation is secured by the payment of a deposit of €60.00 (deposit non-refundable after 26th August 2022) which can be paid to PayPal: [paypal.me/padmapura](https://www.paypal.me/padmapura) or through bank transfer to Stichting Padma Pura's account number NL03 INGB 0008 3661 19. Please add to the transfer the following description: "Your Name" and "Payment for Tröma Nagmo Drupchö". The balance amount is payable on or before Friday 9th September 2022. Full payment of the retreat amount applicable to you at the time of registration will also serve to secure your registration. Please note that places are limited for this Drupchö and so we encourage you to register via the above form and make the applicable payment, as soon as possible and by Friday 9th September 2022 at the latest.

We also welcome anyone who wishes to sponsor the full cost of the Drupchö for any participant who may not be in a financial position to afford the cost of the Drupchö at this time. If anyone wishes to sponsor a participant, or even donate towards sponsorship generally, please e-mail us. Alternatively, if anyone wishes to donate towards off-setting the organisational costs for this retreat, please also e-mail us.

We look forward to seeing you at the Tröma Nagmo Drupchö!

Yours in the Dharma,

Selina & Pepijn

Padma Pura Foundation